

Joi Edwards

Life Transformation Coach, MSW



www.jesusthegymandthem.com | @JGTlamb | @Jesusthegym | JesustheGym&Them with Joi Edwards

Formerly a professional stay-at-home mom, Degreed Mental Health Therapist, transformed business woman, JGT founder Joi Edwards, has a love for all things Jesus, fitness, and family.

Through her video blogs, newsletters, and dynamic presentations, Joi presents her followers with practical life strategies to thrive.

Joi will captivate you with her infectious energy, ambition, and passion-qualities that permeate deeply throughout all her endeavors.

After years of being approached by family and friends for counseling on personal matters, Joi realized the need for a place where people could receive advice and applications for their lives. Due to the personal nature of these issues and her acknowledgment that time is precious, she decided to create an online space where viewers can come at their leisure. Thus...Jesus, The Gym & Them was born.

Company Overview At Jesus, the Gym and Them (JGT), we will provide every client with mind renewing strategies with defined processes. We will also help you through spiritual mentoring and personal support that will lead to holistic transformation. JGT is dedicated to helping clients become the best version of themselves. We guarantee that you will have stellar results along with active customer engagement as we rely on our brand integrity.

JGT delivers life solutions from biblical principles with a counselor's edge, accompanied by real-life experiences. We only work with those who desire to grow and believe in making effort to become the best version of themselves. Jesus, the Gym and Them uses a biblical filter which permeates our overall culture.

At JGT, we believe faith is the pillar that holds life together and that every client can thrive in life with practical biblical guidance. We create quality products, with transparency and practical teaching coupled with real life solutions. JGT honors marriage and family above all others. Furthermore, Jesus, the Gym and Them prides itself on operating with integrity and timeliness and expects a mutual response from our clientele. Promoting holistic life health, physically, spiritually, and relationally, is the summit of what we value.

